



MEN'S GROUP

JANUARY 2019

**WEDNESDAY MORNINGS 10:30—11:30 A.M.
FREE/JCC MEMBERS;
NON-MEMBERS/\$5.00 PER SESSION
FACILITATOR: LINCOLN RICHMAN**

The JCC Men's Group is designed for men who are looking for a meaningful daytime social activity for relaxation, learning and friendly interaction with men of a similar age.

Wednesday, January 2, 2019: "Alcohol." In honor of New Year's Day, we will talk about alcohol. What's your favorite beer? Your favorite Scotch? Your favorite wine? Do you remember your first drink ever? What was the story of that experience? The drinking age used to be 18-years-old in many states. Now it is 21-years-old. Should the drinking age be lowered back to 18? What should be the public policies regarding alcohol consumption for people under age who are serving in the military? For people who live in fraternities and sororities on college campuses? Should there be no drinking age, at all?

Wednesday, January 9, 2019: "Tree of Life." The mass murder of 11 Jews at the Tree of Life synagogue in Pittsburgh, Pennsylvania, has re-opened the debate about security for Jewish institutions. What is the proper level of security for a synagogue, JCC, or Jewish school? Uniformed security guards? Armed security guards? Round-the-clock police protection? Who should pay for these services?

Wednesday, January 16, 2019: "White Flight." In honor of Martin Luther King, Jr. Day, we will discuss the historical "white flight" from American cities to the suburbs during the 1960s and 1970s. What are your memories of the riots in places like Newark and the Bronx, etc.? What are your memories of city neighborhoods and schools changing? What are your memories of how the suburbs were marketed and built? What could have been done to prevent the riots that led to the white flight?

Wednesday, January 23, 2019: "Changing Your Mind." Is there any political stance or social stance that has changed in your life since you were younger? On which issues have you become more liberal as you have gotten older? On which issues have you gotten more conservative? What caused those changes in your beliefs and attitudes? Would your younger self be surprised by your current opinions on those topics?

Wednesday, January 30, 2019: "Groundhog Day." In the movie "Groundhog Day," Bill Murray's character is stuck in a time loop forced to live the same day over-and-over again. If there were one day in your life that you could live over-and-over again, what day would that be? Was that day a positive experience? Or was it a negative experience that you would like to live again and change? Did you learn any valuable lessons from that experience? Do you have regrets?



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