



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|-------------------------------------------------------------------------------------|----------------------------------------------------------------------------|---------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|---------------------------------------------------------|---------------------------------------------------------------------------------------|
| 8:30-11.00 AM Gym A Pickleball | 9:00-10 Tai Chi 10- noon <i>WHOLE GYM CLOSED</i> Preschool | 9-10 Zumba Gold 10-noon <i>WHOLE GYM CLOSED</i> Preschool | 10:30-11:50 am Open Pickleball-GymA 9:15-12 noon <i>WHOLE GYM CLOSED</i> | 10:30-11:30 pm Low Impact CardioFit 9:15 -12 noon <i>WHOLE GYM CLOSED</i> | 7:30-10:30 am Pickleball Gym A Gym B-Preschool | 7:15- 11:15 AM Gym A Paddleball |
| 11:00 am-2 pm Gym A *Badminton (12/up) | Open Adult 12:-12:45 Gym A 12:45-3:00 PM Preschool -Whole Gym | 12:-12:45 Gym A Open Adult | 12-1PM Chair Yoga GYM A | 12:-12:45 Gym A Open Adult | 12:-12:45 Gym A Open Adult | 11:30 AM-2:00 pm Gym A Family |
| 8:30-11 AM Gym B Mens League | 3:15-5 PM Gym B +Teen B-Ball | 12:45-3:00 PM Preschool -Whole Gym CLOSED | 1-3:00 PM Preschool -Whole Gym CLOSED | 12:45-3:00 PM Preschool -Whole Gym CLOSED | 12:45-3:00 PM Preschool -Whole Gym CLOSED | 7:00-8:30AM Gym B +Adult B-Ball |
| 11 am-1 pm Gym B FAMILY | 3:15-5:30 PM Gym A Family | 3-3:45 PM Gym A Family | 3:15-5:30 PM Gym A- Teen B-Ball | 3:15-4:45 PM Gym A FAMILY | 3:15-5:00 PM Gym B +Teen B-Ball | 12:30-1:30 Gym B +Adult B-Ball |
| 2 pm-4 pm Teen Bball | 5:30-6:55 PM Gym A Pickleball | 3:45-5:45 PM Gym A Teen B-Ball | 3:15-5:45 PM Gym B- Family | 3:15-6 PM Gym B +Teen B-Ball | 3- 5:00 PM Gym A Family | 2:00-3:30 PM Gym A Family |
| 1 pm-4 pm Adult Bball | 5:00-7:45 pm Gym B +Adult B-Ball | 3:15-5:15 PM Gym B Teen B-Ball | 5:30-7:30 pm Gym A Family | 5:00-7:15 PM Gym A Paddleball | 5:00-9:30 PM Lobby Ping Pong | 3:30- 5:45 PM Gym B +Teen B-ball |
| 4-5:45 Gym A-Family Gym B B-ball | 7:00-8:00 pm Gym A ZUMBA | 5:15-6:55PM Whole Gym +Teen B-Ball | 5:50-7:30 Gym B Basketball | 6-8 PM GYM B +Adult B-Ball | 5:00-9:45 PM Gym B +Teen B-ball | 3:45- 5:45 PM Gym A *Adult Badminton |
|  | 8:05-9:45 PM Gym A *Badminton (12/up) | 7-8:45 pm Gym A Pickleball 7:45-9:45 PM Gym B | 7:30-9:45 pm Gym B Teen B-Ball | 7:30-9:45 pm Gym A *Adult Badminton | 5 - 9:45 PM Gym A +Adult B-Ball |  |
| | 7:50-9:45 PM Gym B +Teen B-ball | 8:50-9:45 PM Gym A Adult Badminton | 7:30-9:45 pm Gym A *Adult Badminton | 8-9:45 pm Gym B +Teen B-Ball | | |

*Gym is subject to closing at any time for special events, rentals, etc. Please check the postings on the GYM DOORS.
 *Badminton is ROUND ROBIN DOUBLES only. Teen & Adult Basketball is Round Robin 4/4 or 5/5. Winner stays.
 FAMILY = Up to 4 Children 12 years old and UNDER with at least 1 parent present. FAMILY TIME may only be used by teens/adults if NO FAMILY AT ALL IS PRESENT.
 EVEN 1 family can use the entire half of a gym and does NOT have to share with teen or adult basketball. Please respect the rules.