

INTRODUCING SUNDAY SELECTIONS AT THE "J"

In celebration of the 25th Anniversary of The Jewish Community Center, Morris & Lydia Goldfarb Building, we are offering a Sunday series of special events.

The First 100 Days...Has President Barack Obama's first 100 days in office mirrored the drama of President Franklin Roosevelt's first 100 days? - Jonathan Alter, Columnist and Senior Editor for Newsweek, author of *Defining Moment: FDR's Hundred Days and the Triumph of Hope*
May 3, 2009 10:00am—Coffee and...; 10:30am—Lecture



These Programs are Free and Open to the Entire Community
Advance Registration Requested

Watch for Additional SUNDAYS AT THE "J" in the Autumn!

STEP UP TO GOOD HEALTH

Introducing a New Interactive Wellness Series

Steps Toward Understanding Memory and Memory Loss—Frank J. Mathews

Tuesday, April 14, 2009 10:30am

Better Nutrition—One Step at a Time—Judi Spector, RD

Tuesday, May 12, 2009 10:30am

Free and Open to the Entire Community

JEWELRY SALE

Mara's Creations

Necklaces, Bracelets, Earrings, Anklets—Sterling Silver, Gold filled & 14 Karat Gold
Custom design a piece for yourself or for a gift!

A portion of proceeds will benefit Senior Adult Programs & Bright Beginnings Preschool
Monday, April 27th, 9am-8pm and Tuesday, April 28th, 10am-8pm

TRIPS..TRIPS...TRIPS...MARK YOUR CALENDAR!

Atlantic City Trips to Showboat Casino

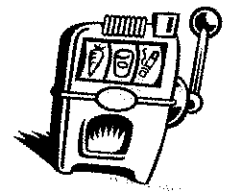
Mon. Apr. 27, May 18, June 29, 2009 8:30am-7:00pm

Bus leaves JCC 8:45am, Bus returns to JCC 7:00pm,

\$27 member or non-member; Return varies each month

Seat assignments at time of payment

Atlantic City trips run monthly, call the JCC for additional dates.



SAVE THE DATE! Thursday, July 30, 2009 - Hunterdon Hills Playhouse; Summer Musical

Thelma and Sue are investigating trips for 2009, please let us know if you have any special interests.

Membership at the JCC for Senior Adults

Senior Social—Senior social membership allows Senior Adults (age 65 or over) to take advantage of our many programs, lectures and classes. Annual Fee: \$75.00

Full Senior Adult, Individual—Anyone over the age of 65. As a full senior adult member, you are entitled to unlimited use of the facility, including group exercise classes, use of the fitness center, pool and gym. Annual Fee: \$276*, Monthly Fee: \$23*

Full Senior Adult, Couple—This membership includes any two senior adults (age 65 or over) living within the same household. A senior couple membership is entitled to unlimited use of the facility including group exercise classes, use of the fitness center, pool and gym.

Annual Fee: \$504.00*, Monthly Fee: \$42.00*

*Plus one time \$50 Capital Development Fee

